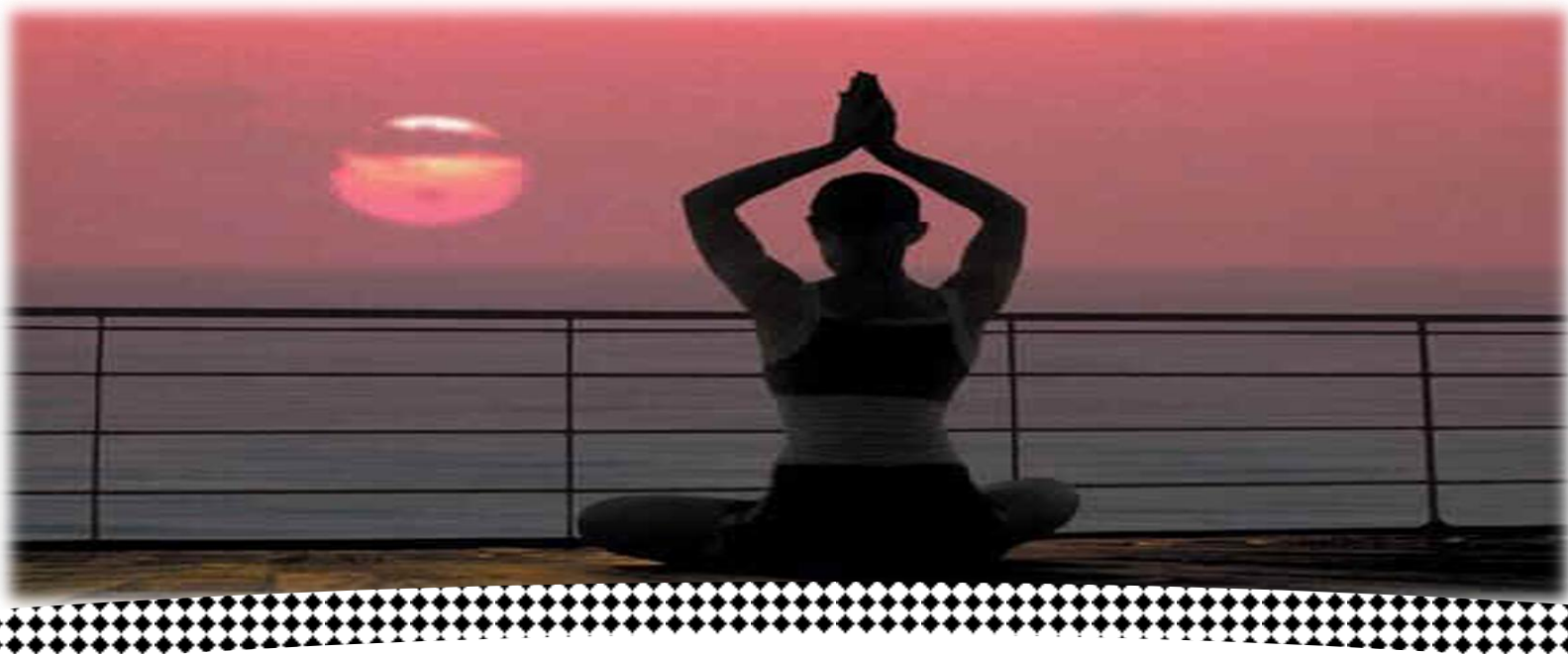


Yoga Blend



Days: Wednesdays
Dates: On-going from Jan. 25th
Times: 5 to 6:30 pm
Location: Tahoe Community Center
310 North Lake Blvd. Tahoe City
Fee: \$10 per class
Instructor: Eileen Cohen

- Yoga Blend is a beginner-intermediate level Yoga course.
- This gentle, but challenging class will focus on stretching the body.
- Participants **must bring their own mat and blanket** for each session.
- Register on site upstairs at the Community Center.

Please contact Eileen Cohen if you have any questions.

(530) 386-2305